NRUC 2.030

Requirements for bandages for hands of unarmed combatant. (NRS 467.030, NRS 467.075)

- 1. Bandages on each hand of an unarmed combatant are restricted to soft gauze that is not more than 2 inches in width and 30 yards in length, including the knuckle pad, held in place by surgeon's or other cloth tape approved by the Executive Director or the Executive Director's designee, that is not more than 2 inches in width and not more than 10 yards in length. The knuckle pad may be folded but must not be rolled or twisted. The tape must be placed at least three-fourths of an inch away from the knuckles when the hand is clenched into a fist. Gauze or tape that is not more than .5 inches in width may be placed between the fingers to secure the knuckle pad.
- 2. An unarmed combatant must have his or her hands wrapped, and bandages adjusted in the dressing room in the presence of an inspector, the Executive Director, or the Executive Director's designee, and the unarmed combatants or their respective representatives. Either unarmed combatant may waive his or her privilege of witnessing the bandaging of his or her opponent's hands.

(Adopted 9/20/2022)