

STATE OF NEVADA ATHLETIC COMMISSION

BASIC INSTRUCTIONS

1. Report time for fighters is 90 minutes before first fight.
2. All individuals working in a corner(second) must be licensed for the current calendar year. If any unlicensed individual will be coming later, pick up an application at this time from the commission table and have that individual bring the completed application (both sides) to the commission representative prior to the event with the proper license fees (cash only).
3. Legal cut solutions are Aventine, Thrombin, Adrenalin (Epinephrine) 1/1000, and Vitaminerals Formula 120 Liquid Concentrate. Legal hemostatic dressings are Celox, QuikClot, Qwik-AID and Microfibrillar Surgicel. Please remember to make sure that the fighter upon whom any cut solution will be applied is not allergic to that cut solution. Adhesives, such as Krazy Glue, Durabond, etc., are not allowed to treat cuts. Adrenalin 1 /1000 can only be used once a cut is present/or a bloody nose.
4. The ring physician, inspector or a Commission representative may at any time examine the contents of the chief second's first aid kit. (NAC 467.437)
5. A second cannot help their fighter back into the ring if he falls out.
6. If the corner(second) wants to stop a fight, inform the inspector working your corner. The inspector will get on the apron with you to notify the referee the corner wants to stop the fight. A towel thrown into the ring does not designate the stoppage of a fight.
7. During a bout, those individuals working the corner are to be seated. Excessive coaching or pounding on the mat is not allowed.
8. A fighter's taping of the hands and placement of gloves must be observed by an inspector. Bandages on each hand of the fighter are restricted to soft gauze cloth that is not more than 2 inches in width and 40 yards in length, including the knuckle pad, held in place by surgeon's tape that is not more than 2 inches in width and not more than 15 yards in length. The knuckle pad may be folded but must not be rolled or twisted. The tape must be placed at least three-fourths of an inch away from the knuckles when the hand is clenched into a fist. Either gauze or tape, but not both, not more than 1 inch in width may be placed between the fingers to secure the knuckle pad. (NAC 467.432) Glove laces are to be covered entirely by tape. No "skinning" of the gloves is allowed.
9. All fighters (male and female) participating in a boxing bout must wear a full abdominal cup protector. All male fighters participating in MMA, Muay Thai or other kickboxing bout must wear a groin protector.
10. Fighters are to have two individually fitted mouthpieces. If the mouthpiece is dislodged during competition, the referee will call time and replace the mouthpiece at the first opportune moment, without interfering with the immediate action. No coaching is allowed during this time.
11. Only factory sealed electrolyte drinks, such as Gatorade, Powerade, SmartWater, Propel, etc. are allowed in the dressing and during the bout. No drinks with caffeine or energy drinks such as Red Bull, Rockstar or Monster, etc. are allowed. No powder for shakes/pre-work out are allowed in the locker rooms. No vitamins are allowed.
12. All fighters must go directly back to the dressing room and drink only water or approved electrolyte drinks.
13. All fighters will be drug tested before and possibly after their bout. The inspectors will let you know when you are to be tested.
14. If the fighter goes to a doctor or the hospital you must contact the promoter and **COMPLETE A CLAIM FORM** within **7** days of the fight. This is your responsibility. Any bills you receive from doctors or hospitals from an injury from a fight **MUST** be sent to the promoter or insurance company so they can be processed for payment or you may become responsible for the entire amount. All promoters have insurance on the fighters, and they must pay the deductible.
15. If you have any questions, please ask an Inspector, Chief Assistant, and/or the Executive Director.